

# OPEN & AFFORDABLE DENTAL BRACES

## POST-TREATMENT INSTRUCTIONS FOR BOTOX

Do NOT manipulate the treated area for 3 hours following treatment.

Do NOT receive facial/laser treatments or microdermabrasion after Botox injections for at least 10 days. Ask your provider if you are not sure about the time frame of certain services.

Some providers believe that smiling and frowning right after Botox treatments helps the Botox find its way to the muscle into which it was injected after treatment.

Do NOT lie down for 4 hours after your Botox treatment. This will prevent the Botox from tracking into the orbit of your eye and causing drooping eyelids.

It can take approximately 4 to 7 days for results to be seen. If the desired result is not seen after 2 weeks of your treatment you may need additional Botox. You are charged for the amount of product used. Therefore, you will be charged for a product used during any touch-up or subsequent appointments.

Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 6 hours after treatment. This will keep the Botox in the injected area and not elsewhere.

### Normal Response to Injections

- Mild pinpoint bleeding, mild swelling, or bruising.
- Some movement in the treated muscles for 1-2 weeks.
- Persistent "at rest" lines in the face, as Botox only softens the "movement lines."
- Some patients find that once wrinkles have been diminished in one area, the wrinkles in other areas of the face may become more bothersome. If you would like to consider treatment in another area, you may call our office for an appointment to discuss with your doctor.

IF YOU HAVE ANY QUESTIONS AT ANY TIME, PLEASE CONTACT OUR OFFICE.