

# OPEN & AFFORDABLE DENTAL BRACES

## CARE INSTRUCTIONS FOR YOUR DENTURES AFTER EXTRACTIONS

1. Keep dentures in for a full 24 hours after extractions. This acts like a band-aid and helps your gums heal faster and better.
2. After the first 24 hours make sure to take your denture out every night to clean them and give your extraction sites some air to breath. If you do not take them out at night they have a higher chance to break or have bacteria build up.
3. Come in for regular adjustments. The denture will not be perfect but with adjustments we can dial it in to make it fit perfectly. (You will get sore spots from the denture in the first few weeks, this is completely normal.)
4. After about 2 months we will try to reline. This will take place after you are healed completely. (Dentures becoming loose over time is completely natural.)