



Open and Affordable Dental and Braces®

Moderate Conscious Sedation

Sedation is the use of medicines to promote relaxation and relieve discomfort and anxiety. Moderate conscious sedation is a type of sedation. Under moderate conscious sedation you are less alert than normal but are still able to respond to instructions or stimulation. Moderate conscious sedation is used during short medical and dental procedures. It is milder than deep sedation or general anesthesia and allows you to return to your regular activities sooner.

LET YOUR HEALTH CARE PROVIDER KNOW ABOUT:

- Any allergies you have.
- All medicines you are taking, including vitamins, herbs, eye drops, creams, and over-the-counter medicines.
- Use of steroids (by mouth or creams).
- Previous problems you or members of your family have had with the use of anesthetics.
- Any blood disorders you have.
- Previous surgeries you have had.
- Medical conditions you have.
- Possibility of pregnancy, if this applies.
- Use of cigarettes, alcohol, or illegal drugs.

RISKS AND COMPLICATIONS

Generally, this is a safe procedure. However, as with any procedure, problems can occur. Possible problems include:

- Oversedation.
- Trouble breathing on your own. You may need to have a breathing tube until you are awake and breathing on your own.
- Allergic reaction to any of the medicines used for the procedure.

BEFORE THE PROCEDURE

- You may have blood tests done. These tests can help show how well your kidneys and liver are working. They can also show how well your blood clots.
- A physical exam will be done. Your healthcare provider may request you remove any tongue and lip rings.
- Only take medicines as directed by your healthcare provider. Continue to take your normal medications such as birth control and allergy medicines with minimal water needed to swallow the pills. You may need to stop taking medicines such as blood thinners, aspirin, or nonsteroidal anti-inflammatory drugs before the procedure.
- **Do not** eat or drink at least 8 hours before the procedure or as directed by your healthcare provider.
- Arrange for a responsible adult, family member, or friend to take you home after the procedure. He or she should stay with you for at least 24 hours after the procedure, until the medicine has worn off.

PROCEDURE

- An intravenous (IV) catheter will be inserted into one of your veins. Medicine will be able to flow directly into your body through this catheter. You may be given medicine through this tube to help prevent pain and help you relax.
- The medical or dental procedure will be done.

AFTER THE PROCEDURE

- You will stay in a recovery area until the medicine has worn off. Your blood pressure and pulse will be checked.
- Depending on the procedure you had, you may be allowed to go home when you can tolerate liquids and your pain is under control.

This information is not intended to replace advice given to you by your healthcare provider. Make sure you discuss any questions you have with your healthcare provider.